

LIFEbeat PSHE Teacher Training 2018



Somerset County Council partners with LIFEbeat to offer a unique PSHE teacher training programme which promotes a whole school approach to staff and student wellbeing.

This four-day course will provide participants with:

- A comprehensive overview of PSHE curriculum and the confidence to deliver PSHE lessons
- An overview of approaches to Relationships and Sex Education
- A strategy for a whole school approach to PSHE and wellbeing
- A tool-box of creative facilitation techniques and the confidence to use them
- The skills and confidence to hold deeper level conversations about PSHE life issues and experiences.
- Access to the LIFEbeat Learning Network and ongoing mentoring providing the support to embed the PSHE vision and practices into their school.



The PSHE Training Dates:

Group 1

Day 1 - 13th March 2018

Day 2 - 25th April 2018

Day 3 - 21st May 2018

Day 4 - 28th June 2018

[Click here to book your place](#)

Group 2

Day 1 - 14th March 2018

Day 2 - 26th April 2018

Day 3 - 22nd May 2018

Day 4 - 28th June 2018

[Click here to book your place](#)

All training sessions run from **9 AM to 5:30 PM**

For further information and registrations please contact:

Jameelah Ingram - Health Promotion Manager

E: Jxingram@somerset.gov.uk | T: 077141 893 90

There will be no charge made for Somerset teaching staff attending these training events. However, please note that cancellation within 10 days of the course or non-attendance for whatever reason will result in your organisation being invoiced a fee of £50.

*Lunch will not be provided however refreshments will be made available.

LIFEbeat has 10 years of experience of delivering personal development programmes for young people
www.lifebeat.co.uk